



1525 Boston Post Road, Westbrook, CT 06498
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www.watersedgeresortandspa.com

Day Meeting Package

Day Meeting Package includes: Dedicated meeting room, Breakfast and Lunch, Continuous Coffee Breaks throughout the day, Full Business Center & Audio Visual Support, Dedicated conference planner and coordinator, All taxes and gratuities.

****Package Requires a Minimum of 20 people****

Breakfast Buffet

Your Choice of a Deluxe Continental Breakfast OR a Hot Breakfast Buffet

DELUXE CONTINENTAL BREAKFAST

Freshly Squeezed Orange & Cranberry Juice
Freshly Brewed Coffee, Decaffeinated Coffee & Teas
Assortment of Breakfast Bread, Pastries, Bagels,
and Toasting Breads with Butter & Jams
Flavored Yogurt & Granola
Assorted Power, Fruit & Granola Bars
Cold Cereal with Whole Milk & 2% Milk
Sliced Fresh Fruit Platter

BREAKFAST BUFFET #1

Freshly Squeezed Orange & Cranberry Juice
Freshly Brewed Coffee, Decaffeinated Coffee & Teas
Assortment of Breakfast Bread, Pastries, Bagels,
and Toasting Breads with Butter & Jams
CHOICE OF THREE
Fluffy Scrambled Eggs, Western Omelet Scramble,
Bacon and Sausage, Grilled Virginia Ham, Home Fried Potatoes,
Sliced Fruit Display, Cinnamon Raisin French Toast,
Buttermilk Pancakes
(Please add \$1.00 for Chocolate Chip or Blueberry)
Breakfast Waffles with Maple Syrup and Whipped Cream

LUNCHEON OPTIONS

Your Choice of a Plated Luncheon Menu OR a Three Hot Item Luncheon Buffet.

(SAMPLE BUFFET MENU)

Hydroponic Tossed Salad
Fresh Fruit Display
Vine Ripe Tomato and Mozzarella Display

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Grilled Chicken Pancetta
Wild Mushrooms, Balsamic Reduction Drizzle

Pan Seared Sirloin Tips of Beef
Roasted Shallot Demi Glaze

Grilled Atlantic Salmon Fillet
Lemongrass Scallion Butter

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Starch & Seasonal Vegetables
Fresh Baked Rolls with Butter
Pastry Chef's Choice of Dessert
Freshly Brewed Coffee, Decaffeinated Coffee and Tea

AFTERNOON BREAK

Your Choice from a Variety of Break Options

(SAMPLE BREAK MENUS)

I WANT COOKIES

Freshly Brewed Coffee
Freshly Brewed Decaffeinated Coffee
Tea & Herbal Tea Assortment
Regular & Diet Sodas
Assorted Cookies & Dessert Bars

EARTHY CRUNCHY BREAK

Granola / Fruit Bars
Vegetable Crudite / Cottage Cheese / Vegetable Chips
Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Teas
Regular & Diet Sodas

CHEERS BREAK

Pretzels / Chips / Popcorn
Trail Mix / Bar Mix
Non-Alcoholic Punch
Regular & Diet Sodas

September 2009 through May 2010

\$65.00 per person

Inclusive of Tax & Service Charges