



1525 Boston Post Road, Westbrook, CT 06498
Tel: 800-222-5901 Fax: 860-399-8644
www.watersedgeresortandspa.com

Complete Meeting Package

Complete Meeting Package includes: Elegantly appointed, deluxe, spacious guest room, Dedicated meeting room, Breakfast and Lunch, Continuous Coffee Breaks throughout the day, Full Business Center & Audio Visual Support, Dedicated conference planner and coordinator, Award winning dining, All taxes and gratuities, and Access to the Spa, Whirlpools, Indoor and Outdoor pools, and Fitness Center.

Package Requires a Minimum of 10 people (with Plated Dinner)

Package Requires a Minimum of 20 people (with Buffet Dinner)

Breakfast Buffet

Your Choice of a Deluxe Continental Breakfast OR a Hot Breakfast Buffet

DELUXE CONTINENTAL BREAKFAST

Freshly Squeezed Orange & Cranberry Juice
Freshly Brewed Coffee, Decaffeinated Coffee & Teas
Assortment of Breakfast Bread, Pastries, Bagels,
and Toasting Breads with Butter & Jams
Flavored Yogurt & Granola
Assorted Power, Fruit & Granola Bars
Cold Cereal with Whole Milk & 2% Milk
Sliced Fresh Fruit Platter

LUNCHEON OPTIONS

Your Choice of a Plated Luncheon Menu OR a Three Hot Item Luncheon Buffet.

(SAMPLE BUFFET MENU)

Hydroponic Tossed Salad
Fresh Fruit Display
Vine Ripe Tomato and Mozzarella Display

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Grilled Chicken Pancetta
Wild Mushrooms, Balsamic Reduction Drizzle

Pan Seared Sirloin Tips of Beef
Roasted Shallot Demi-glace

Grilled Atlantic Salmon Fillet
Lemongrass Scallion Butter

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Starch & Seasonal Vegetables
Fresh Baked Rolls with Butter
Pastry Chef's Choice of Dessert
Freshly Brewed Coffee, Decaffeinated Coffee and Tea

BREAKFAST BUFFET #1

Freshly Squeezed Orange & Cranberry Juice
Freshly Brewed Coffee, Decaffeinated Coffee & Teas
Assortment of Breakfast Bread, Pastries, Bagels,
and Toasting Breads with Butter & Jams
CHOICE OF THREE
Fluffy Scrambled Eggs, Western Omelet Scramble,
Bacon and Sausage, Grilled Virginia Ham, Home Fried Potatoes,
Sliced Fruit Display, Cinnamon Raisin French Toast,
Buttermilk Pancakes
(Please add \$1.00 for Chocolate Chip or Blueberry)
Breakfast Waffles with Maple Syrup and Whipped Cream

AFTERNOON BREAK

Your Choice from a Variety of Break Options

(SAMPLE BREAK MENUS)

I WANT COOKIES

Freshly Brewed Coffee
Freshly Brewed Decaffeinated Coffee
& Herbal Tea Assortment
Regular & Diet Sodas
Assorted Cookies & Dessert Bars

EARTHY CRUNCHY BREAK

Granola / Fruit Bars
Vegetable Crudite / Cottage Cheese / Vegetable Chips
Freshly Brewed Coffee, Decaffeinated Coffee and Herbal Teas
Regular & Diet Sodas

CHEERS BREAK

Pretzels / Chips / Popcorn
Trail Mix / Bar Mix
Non-Alcoholic Punch
Regular & Diet Sodas

DINNER OPTIONS

Your Choice of a Plated Dinner Menu OR a Hot Dinner Buffet

(SAMPLE PLATED MENU)

Baby Arugula Salad
Mandarin Orange Segments, Shaved Asiago Cheese, Candied Hazelnuts, Peppercorn Bacon

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Fire Grilled Filet Mignon
Argo Dolce~ Balsamic Red Onions & Black Currants

Chef's Selection of Starch, Vegetables, and Fresh Baked Rolls and Butter

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Chocolate Mousse
Freshly Brewed Coffee, Decaffeinated Coffee and Tea

September 2009 through May 2010

\$246.00 per person